

SHIATSU –ANMA - JAPANESE MEDICAL MASSAGE
WITH HARA VISCERAL MANIPULATION AND MEDICAL
QIGONG – 18 CE HOURS

FLORIDA STATE APPROVED PROV # 50 – 1674 / N.C.B.T.M.B. APPROVED PROV. #279 778 –00/ D /
ALSO APPROVED FOR ACUPUNCTURISTS

WHEN: AUGUST 25 – 26 TH (SAT. 8.30 – 5.00 / SUN. 9.00 – 6.00)

WHERE: FLORIDA ACADEMY OF MASSAGE AND SKINCARE, FT. MYERS.

COST: \$ 225.00 - YOU ONLY NEED A \$ 50.00 DEPOSIT TO LOCK DOWN YOUR PLACE !
LEARN A CUTTING EDGE APPROACH TO PAIN AND MODERN CHRONIC DISEASES BY
APPLYING THE PRINCIPLES OF ACUPUNCTURE

WE WILL FOCUS ON:

- A. TRAUMATIC BACK AND NECK INJURIES
- B. REPETITIVE STRAIN INJURIES
- C. TENSION AND MIGRAINE HEADACHES
- D. HYPERTENSION.
- E. LOW ENERGY
- F. ALLERGIES, SINUS INJECTIONS, COLDS
- G. CONSTIPATION
- H. GASTROINTESTINAL PROBLEMS
- I. IRRITABLE BOWEL SYNDROME
- J. ARTHRITIS OF ALL SORTS
- K. DEPRESSION
- L. **FIBROMYALGIA /CHRONIC FATIGUE**
- M. SPORTS INJURIES AND PREPARATION FOR SPORTS EVENTS
- N. **MENOPAUSE, GYNECOLOGICAL DISORDERS and.....much more !!!**

In this workshop you will learn an astonishing variety of hand – techniques during **hands-on supervised training sessions** . Shiatsu – Amma is based on an understanding of the way the body rejuvenates itself through the **movement of qi** , resulting in abundant qi and whole health. It is vigorous in nature and **deep without the pain**. It treats conditions that would require **physical therapy, osteopathy, chiropractic, or sportstherapy**. You will become **very versatile** in your treatment broadening your scope of practice. EFFECTS OF THIS BODYWORK ARE **DEEPER, LONGER-LASTING** THAN CONVENTIONAL WESTERN MASSAGE because you **treat thecauses of diseases and prevent diseases** as well. Shiatsu and Amma is also used to treat **internal diseases**. Shiatsu – Amma is one of the forerunners of modern Western Neuromuscular and Trigger – point therapies .

IN THIS COURSE YOU WILL LEARN :

- 1. HOW TO HARNESS THE BIO-MAGNETIC FORCE CALLED QI IN QI-GONG
- 2. BASIC ASSESSMENT BY *PALPATION OF THE MERIDIANS* AND POINTS
- 3. HOW TO FIND THE *CAUSES OF DISEASE* BY USING THE DIAGNOSTIC AND TREATMENT POINTS.
- 4. HOW TO *DREDGE MERIDIANS* OF PAIN, NORMALIZE YIN AND YANG, **REGULATE INTERNAL ORGANS AND INVIGORATE VITAL ENERGY**
- 5. IMPORTANT QI – GATE POINTS AND MERIDIANS ASSOCIATED WITH GOOD HEALTH
- 6. **HARA/VISCERAL MASSAGE AND ORGAN MASSAGE**
- 7. HOW TO PERFORM QI-GONG MEDITATION FOR BETTER VITALITY
- 8. **HOW TO PERFORM SELF-MAINTENANCE AND PREVENT BURN-OUT IN MASSAGE THERAPY**

REGISTRATION AND further information on this course and to look also at the sample videos on the webpage. SEE OTHER COURSES AS WELL: WOLFGANG LUCKMANN 904 610 9489 , 904 2250798 E-MAIL: wushebang@comcast.net / webaddress: www.wolfgangluckmann.com.