

THE ART OF JAPANESE ZEN FACIAL MASSAGE
With EAR – ACUPRESSURE AND ESSENTIAL AROMATHERAPY OILS
8 CE HOURS APPROVED BY THE N.C.B.T.M.B / COST \$ 120.00

**Japanese Facial Massage is a unique method that focuses on a blend of
the aesthetic and physiological**

The focus is on:

1. Increasing the flow of oxygen and blood to the facial area, neck and shoulders
2. Toning, tightening the skin and fascia
3. Lymphatic drainage and detoxification of skin and organ systems
4. Better mental alertness, focus and relaxation for the client
5. Emotional cleansing through ear-acupressure and essential oils
6. Preventive maintenance for aging and skin blemishes

Traditionally , through the use of Acupressure and special manipulative massage strokes, the treatment goes beyond Swedish massage and concentrates on opening up the acupuncture meridians that *energize the face, head and shoulders* to achieve a balancing and grounding effect.

Additional physiological relief is obtained for all types of headaches , TMJ DYSFUNCTIONS , sinusitis and emotional balancing.

This is a hands-on course where the student learns to incorporate theory with working with Qi using penetration techniques, field awareness and intention. concentrates on
The practitioner goes beyond the superficial beauty of the client by bringing out the
RADIANCE OF INNER HEALTH

IN THIS COURSE YOU WILL LEARN :

1. THE CAUSES OF SKIN DISEASES AND AGING ACCORDING TO THE CHINESE MEDICINE MODEL .
2. 12 SOFT-TISSUE STROKES FOR REJUVENATION AND PREVENTION OF AGING.
3. THE FUNCTION OF ACUPRESSURE POINTS , THEIR LOCATION AND EVALUATION ON THE EARS , FACE, HEAD AND NECK.
4. SPECIAL USES OF ESSENTIAL OILS FOR THE FACE AND CONSTITUTION WITH SPECIAL APPLICATION TECHNIQUES TO THE EARS.
- 5. FACIAL SKIN-LIFT QIGONG EXERCISES**

Japanese Facial massage requires no special equipment. It has no side effects and can be incorporated with any moisturizing and cleansing treatment.

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