

LOMI LOMI - TEMPLE STYLE - HAWAIIAN THERAPEUTIC
MASSAGE WORKSHOP

with the use of AROMATHERAPY ESSENTIAL OILS
RATED AS ONE OF THE HOTTEST THERAPIES IN THE UPCOMING
YEARS BY " MASSAGE TODAY " NEWSPAPER

\$ 250.00

GROUP DISCOUNTS GIVEN

18 CONTACT CE HOURS APPROVED BY THE FLORIDA STATE BOARD OF MASSAGE THERAPY
AND THE N.C.B.T.M.B

Lomi Lomi means " To break up into small pieces "

PURPOSE:

"TO REVIVE THE BODY"

"TO MOVE THE BLOOD AND LYMPH"

"TO OPEN SPASMS"

"TO REMOVE WASTE MATERIAL FROM MUSCLE"

"TO FACILITATE MYOFASCIAL RELEASE"

"TO REVITALIZE THE FACE AND HEAD"

"TO SAVE YOUR HANDS"

" TO REMOVE EMOTIONAL TOXICITY WITH OILS AND COMPASSIONATE CARE"

This is a 1500 year old technique that aims at releasing all PHYSICAL AND EMOTIONAL
congestion in the body, with a full body massage.

It is known in Hawaii as the " **Dance Of Massage**" because of **its long flowing style
and continuous rhythm and beat** accompanied by selected tribal music. The
therapist and client will become entranced in a spiritual state. You will learn how to
transform a loving touch into techniques for healing. The basis for Lomi Lomi is an
integration of Mind – Body - Soul in a ritual of transformation and inspiration. The
inspiration is from the Huna or "Pathway of life " . Unlike a N.M.T. clinical massage, it
calls for intuition, rhythm and flow, culminating in a therapeutic dance! Did you know
that it is a precursor of **Trager Therapy?**

YOU WILL LEARN:

1. Some 12 strokes for a **FULL BODY** massage addressing long hardened, bulky
muscles and cellulite
2. **Breathing techniques and meditation to conserve your energy and
build stamina**
3. Circular , Spiraling and forearm techniques as well as kneading thumb
techniques.
4. How to address the diaphragm, the seat of our emotions
5. **Stretch techniques for upper and lower limbs**
6. The use **of Aromatherapy essential oils** on ear points and the body to really
enhance your massage subtly and permanently
7. Stretch and strengthening exercises for the massage therapist
8. Self care for the massage therapist and client.

For further information on this AND OTHER COURSES and a look at the sample Lomi Lomi video:

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